



MOHS Closure

Pre-Procedure Instructions

- ❖ Please advise Dr. Robbins if you are taking any blood thinning medications (e.g. Warfarin, Ibuprofen, NSAIDS, Plavix, Aspirin). These will need to be discontinued prior to surgery per Dr. Robbins instructions.
- ❖ DO NOT take any of the following 7 days prior to surgery:
 - Anti-inflammatories
 - Homeopathic medications
 - Vitamin E
- ❖ If you are a smoker-Stop smoking 2-3 months prior to surgery. Smoking causes slower and compromised healing time.
- ❖ If the affected area is on your face, DO NOT wear make-up, moisturizer, lipstick the day of surgery.
- ❖ You may eat or drink **after** the MOHS procedure is complete, and **before** coming to our office, **unless otherwise instructed**.

Post-Procedure Instructions

- ❖ If the affected area is on your **face with sutures only**: If steri-strip tape is present there is no need for antibiotic ointment. If there are no steri-strip-tapes, keep incision moist with triple antibiotic ointment (i.e. Neosporin, Bacitracin). You may shower and get the incision/tape wet. Reapply ointment to area as needed to keep moist unless you have a tape on incision. You may have moderate to severe facial swelling/bruising that could last up to one week.
- ❖ If the affected area is on your **face with a skin graft**: Keep area around bolster moist with triple antibiotic ointment (i.e. Neosporin, Bacitracin). You may have moderate to severe facial swelling/bruising that could last up to one week. You may **not** get this area wet until you have been seen at your first post operative appointment approximately one week after your procedure. At your first post operative appointment we will remove the bolster, but sutures will remain for one more week afterward. After your first post operative appointment you may

shower and get the area wet unless otherwise instructed. You will then need to keep the area moist with triple antibiotic ointment (i.e. Neosporin, Bacitracin).

- The donor site will have a piece of tape on it that will stay on until it is ready fall off. You may shower and get the donor site wet.
- ❖ If the affected area is on your **leg/foot/hand with sutures only**: You will leave the office wrapped very tightly in an ace bandage. You will not be able to shower or get the site wet. You will leave this bandage on until seen in the office for your first post operative appointment, usually 1 week after surgery. Your first post operative appointment should be approximately 7-14 days after your procedure. Sutures may be removed at this appointment. If we do not take the sutures out you may shower and get the affected area wet. You will then need to keep the area moist with triple antibiotic ointment (i.e. Neosporin, Bacitracin), followed by rewrapping tightly with an ace bandage until seen in the office for your second post operative visit.
- ❖ If the affected area is on your **leg/foot/hand with a skin graft**: You will leave the office wrapped very tightly in an ace bandage. You will **not** be able to shower or get the site wet. You will leave this bandage on until seen in the office for your first post operative appointment. Your first post operative appointment will be in approximately 1 week from your procedure. At your first post operative appointment we will remove the bolster, but sutures will remain for one more week. After your first post operative appointment you may shower and get the area wet unless otherwise instructed. You will then need to keep the area moist with triple antibiotic ointment (i.e. Neosporin, Bacitracin), followed by rewrapping tightly with an ace bandage You may have moderate to severe facial swelling/bruising that could last up to one week.
- The donor site for skin grafts will have a piece of tape on it that will stay on until it is ready fall off. You may shower and get the donor site wet.