

MAY 2026

# Robbins Plastic Surgery

A SEASON OF CELEBRATION, PREPARATION, AND FEELING YOUR BEST



## WHAT PATIENTS ARE LOVING RIGHT NOW

As we head into summer, patients are focusing on treatments that help them feel refreshed, confident, and low-maintenance.

Some of the most requested treatments this season include:

- Medical-grade skincare
- Botox and filler maintenance
- Skin resurfacing
- Breast procedures
- Body contouring consultations

If you've been considering a treatment, now is a great time to begin planning ahead for summer and fall events.

## BRIDAL PREP STARTS NOW

If you have a wedding, event, or milestone coming up this summer or early fall, now is the time to start planning.

Treatments like injectables, skin resurfacing, and medical-grade skincare often work best when spaced out over time. Starting early allows for subtle, natural-looking results and the flexibility to adjust as needed.

A consultation helps map out a timeline that aligns with your goals, so everything feels seamless when your big day arrives.



## ***It's Not Too Late for Breast Procedures***

There's a common assumption that you need to plan months and months in advance for procedures like breast augmentation or lifts.

While planning ahead is always ideal, many patients are surprised to learn that there may still be time to see results for summer, depending on your goals and timeline.

The best way to know what's realistic is through a personalized consultation, where your options and recovery expectations can be clearly outlined.

## **Myth vs. Fact: Tummy Tucks**

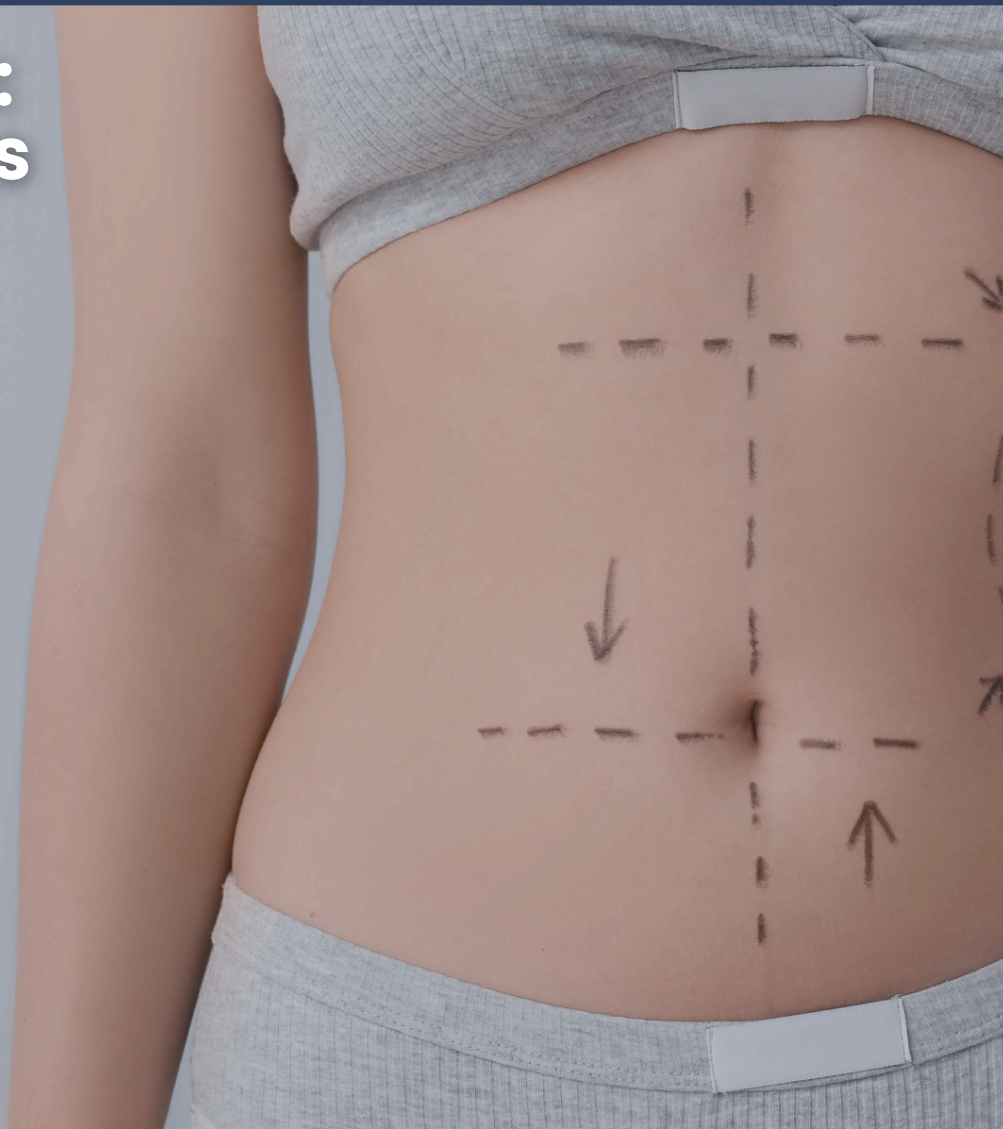
### **MYTH**

Recovery takes months and months before you can return to normal life.

### **FACT**

While every patient heals differently, most are able to resume light daily activities sooner than they expect, with gradual progression back to full activity.

Clear guidance, proper aftercare, and realistic expectations all play a role in a smooth recovery process.





## Q&A WITH DR. ROBBINS

**Q: How do you approach creating natural-looking results?**

A: Every patient is different, so the process always starts with listening. I focus on understanding their goals, evaluating their anatomy, and building a plan that enhances, not overpowers, their natural features. Subtle, balanced results tend to age better and feel more authentic to the patient.

**Q: What's something patients often misunderstand about surgery?**

A: Many people assume procedures require extremely long recovery periods or dramatic changes. In reality, with proper planning and technique, recovery is often more manageable than expected, and results can be very refined.

## TEAM SPOTLIGHT

**Jean Davis**  
**RN, Nurse Injector**

Meet the dedicated team at Robbins Plastic Surgery, focused on ensuring a comfortable and informed patient experience from consultation to post-treatment.

This month, we spotlight Jean, a vital team member with over 20 years of nursing experience, including 12 years in plastic and aesthetic surgery. She is certified in advanced dermal fillers and Botox, known for her attention to detail and natural results.

Additionally, as a professional painter, Jean brings an artistic touch to her work, enhancing patient confidence throughout their treatment journey.



# Product of the Month



## *EltaMD UV Clear Broad-Spectrum SPF 46*

*Whether you're planning ahead for an event, exploring treatment options, or simply updating your skincare routine, our team is here to help guide you through the process.*

*Call our office or visit our website to schedule your **consultation**.*



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